

Medical services needs of pregnant ladies during the Coronavirus pandemic

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Editorial

The tale (COVID-19) is brought about by another strain of Covid (SARS CoV 2). In December 2019, the principal instances of the COVID-19 episode were accounted for in Wuhan, China, which was communicated around the world. As of July 3 2020, the World Health Organization (WHO) has revealed that 10,719,946 instances of COVID-19 have been affirmed all around the world, along with 517,337 COVID related passing.

The Royal College of Obstetricians and Gynecologists (RCOG) delivered rules for pregnant ladies during the pandemic. They encouraged pregnant ladies to keep on getting arranged antenatal consideration except if they require selfisolation. The utilization of virtual discussion techniques should be considered as opposed to eye to eye contact. Likewise, pregnant ladies are encouraged to keep up social separating and use facemasks. Besides, folic corrosive and nutrient D enhancements are suggested. At each visit, the emotional wellness of the patient should be evaluated. Eager ladies are urged to step through an examination in the event that they create indications of COVID-19. On the off chance that a patient is discovered to be positive for COVID-19 what's more, requires hospitalization, the maternity staff part in charge should be educated before the patient entering the clinic. Staff should wear suitable individual defensive hardware (PPE), and the patient should be inspected in an disconnection room.

During work, oxygen immersion should be above

94%. All pregnant ladies are encouraged to have a venous thromboembolism (VTE) appraisal and should be directed prophylactic measures appropriately. Eager ladies must abstain from taking headache medicine and stop thromboprophylaxis in the event that they present with thrombocytopenia (platelets <50). Looking for hematology counsel is suggested [13]. Enquiring about the beginning of new indications, for example, hack, high temperature, loss of (or change in) typical feeling of taste or smell (anosmia) is suggested. For gentle manifestations, ladies are encouraged to stay at home and go through a test. In the event that the test outcome is positive, ladies are encouraged to self-detach at home right away for in any event 14 days from the beginning of manifestations and dodge contact with other family individuals. Pregnant ladies need to alert those with whom they have had close contact and they should think about having contracted COVID-19 on the off chance that they build up any side effects. Staying at home for 14 days will forestall the spread of the sickness to others in the network. Other preventive measures incorporate washing hands consistently for 20 seconds utilizing cleanser and water, utilizing hand sanitizer, obstructing the mouth when hacking and sniffing, utilizing facemasks, evading guests, and drinking enough water. Ladies should look for clinical conferences if the side effects deteriorate [14]. It is suggested that all ladies who are conceded to clinic for maternity care should be tried for COVID-19 utilizing RT-PCR swabs, whether or not they have indications [15]. During the Covid pandemic, pregnant ladies need more care with respect to their previous ailments, particularly if they have COVID-19. Obstetricians and gynecologists need to team up with different controls to help contain this pandemic.